

Week 4 - Summer Menu 2021							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Daily Selection of cereal including porridge, fruit, toast, juices, Tea & Coffee. Tuesday Hot Breakfast - Bacon, Scramble / Poached Eggs, Hash Brown, Grilled Tomato, Baked Beans						
Morning Tea	Daily selection of fruit						
	Date Scones	Custard Slice	Coconut Biscuits	Cocoa Butter Biscuits	Peanut Butter Biscuits	Blueberry & Apple Muffins	Cheese & Chive Scones
Lunch	Alternative: Toasted/Fresh Sandwich & Salad available - to be ordered on selection sheet.						
Main	Baked BBQ Chicken Loaf	Chef's Mix Grill Special	Lamb Moussaka	Chinese Chicken Manchurian	Tempura Fish Fillets	Chicken Cacciatore	Roast beef & Gravy
Vegetables	Sauteed potatoes' & Garden Vegetables	Mash, Zucchini & Carrots	Roast Potato, Pumpkin & peas	Vegetable fried rice	Chips & Coleslaw	Mash & Garden Vegetables	Roasted Potato, Pumpkin & Beans
Modified Diet	Chicken & Vegetables	Beef & Vegetables	Lamb & Vegetables	Chicken & Vegetables	Fish & Vegetables	Chicken & Vegetables	Beef & Vegetables
Dessert	Apple Crumble & Custard	Apricot Danish & Cream	Pineapple Cake & Cinnamon Cream	Citrus Syrup Cake	Peach Crumble & Cream	Yogurt Cheesecake & Berry Coulis	Apricot Bread & Butter Pudding
Afternoon Tea	Daily Fresh Fruit Platter						
	Banana Bread	Fruit Cake	Vegetable Damper	Chef's Choice	Banana muffins	Pumpkin scones	Hedgehog slice
Dinner	Bread offered with meal. Alternative: Toasted/Fresh Sandwich & Salad available - to be ordered on selection sheet.						
Soup	Five Bean & Vegetable	Cream of Broccoli	Minestrone	Vegetable & Lentil	Pumpkin	Cream of Cauliflower	Chicken & chickpea
Main	Cheese, Tomato & Zucchini slice	Tuna patties with Potato salad	Grilled Moroccan Chicken Salad	Spinach & ricotta tortellini	Chicken Pie with Mash	Honey Glazed Summer ham salad	Vegetarian Pasta Bake
Modified Diet	Eggs & Vegetable	Vegetable Casserole & Mash	Chicken & Vegetable	Beef & Vegetable	Curried Vegetables & Mash	Fish & Vegetable	Vegetable Mornay & Mash
Dessert	Fruit & Cream	Pannacotta	Cinnamon Apples & Cream	Vanilla Pudding	Fruit & Custard	Coffee Mousse	Two Fruits & Cream
Supper	Choice of Light Snacks, Sweet or Savoury Biscuits served with hot drinks.						